



WELCOME

On behalf of the City of Eugene Athletics Program Staff, I welcome you to our adult volleyball program.

The goal of the Athletics program is to offer well-organized programs which are played in quality facilities and officiated by skilled referees. Participants have an opportunity to play in a fun, but competitive recreational environment. I am confident that you and your teammates will enjoy the experience.

If you have any suggestions or recommendations that would contribute to the improvement of the program, please feel free to give us a call.

Best of luck to your team. Have a great season!

Dave Battaglia
Athletics Manager



ATHLETICS STAFF

Athletics ManagerDave Battaglia

Athletics Program Supervisor.....Janet Whitty

Office Coordinator.....Karen Meats

Commissioner of Officials.....Kathy Ipock

CITY OF EUGENE ATHLETICS PROGRAM

Women's and Coed Volleyball Leagues

Rules and Regulations

2009-2010

The volleyball leagues will abide by all 2009-2010 USA Volleyball rules and/or the following regulations.

I. Objectives of the Program

- A. To provide an opportunity for interested individuals to play volleyball in an organized manner.
- B. To provide wholesome recreational play and not merely to declare a league champion.
- C. To meet the scheduling needs of recreation-oriented teams.

II. Management and Authority

- A. The overall management of the volleyball program and all teams involved in each league shall be the responsibility of the Athletics program and final authority on any matter pertaining to the program resides with the Athletics staff. Any concerns regarding the program should be directed to this area.
- B. If more teams are needed to fill any league, the Athletics staff has full authority to take whatever measures it deems necessary to create a balance among all the leagues in order to involve as many teams as possible in the program.
- C. Upon entering a league, each team and all players agree to abide by the rules and regulations stated in this rulebook supplement.

III. Fees and Refunds

- A. No team fees will be refunded after registration has taken place, unless a replacement team is found.
- B. Money (fees) will not be refunded to any player or team expelled from the league.

IV. Definition of Volleyball Leagues

- A. **Women's A, B and C Leagues:** Three leagues of recreational play. Leagues are offered in the fall, winter and spring.
- B. **Coed A-E Leagues:** Five leagues of various skill levels with strong recreational emphasis. Leagues are offered in fall, winter and spring.
- C. **Summer Sand Leagues:** Coed and women's leagues of various skill levels are offered in the summer.

V. Player Eligibility

- A. **Age Requirement:**
Players must be 18 years old. Current high school team players are not eligible to participate during their volleyball season.
- B. Current players on university or junior college teams can play only in the highest available league in the winter, spring and summer programs.
- C. **Rosters:**
Team rosters must be completed and submitted to the Athletics office at the time of registration.
- D. A woman player can be registered with only one women's team and one coed team in the LRCS volleyball program. Players in violation of this rule will be placed on suspension for one calendar year. A man can play on only one coed team.
- E. All players must be on the team roster or on a completed add form to be eligible.

Penalty for playing ineligible players:

Any game in which an ineligible player participates is subject to forfeit. Players found to be in violation may be placed on suspension for one calendar year.

Player Identification/Player Protests:

Team managers or the Athletics staff may protest an opposing player's eligibility before or at any time during the match by approaching the official and requesting proper I.D. as proof (see proper I.D. below). All players should be advised to have I.D. present at all games. The player(s) in question may not participate

until I.D. has been presented to the official. The official will record players' names and report the protest to the Athletics staff. To protest player eligibility, teams must ask for an I.D. check at the match. Protests will not be accepted after the completion of the match. **NO EXCEPTIONS!!!!**

Proper I.D. = Picture identification showing player's name (i.e., driver's license, Oregon I.D. card, student I.D., passport).

- F. **Add/Drop:** Players may be added and dropped at any time throughout the season. Add forms may be submitted to the Athletics office or handed to the referee/gym supervisor at the gym site. Fax additions are also allowed.
- G. **Changing Teams:** If a player chooses to change teams, she or he may do so; however, she or he may never play for two different teams during the same week.
- H. **Insurance:** All players are responsible for their own personal insurance. Players also understand that there are inherent risks in volleyball and they must assume those risks.

VI. Uniforms and Equipment

- A. **Uniforms:** Uniforms are optional. Players must wear shirts and shoes; black-soled turf shoes are not allowed. Hats and bandanas are not permitted.
- B. **Bleeding:** For the safety of all involved, participants will not be allowed to participate following an injury where blood is present until proper bandaging of the injured area, which prevents any and all leakage, and the removal of any tainted clothing articles has occurred.

Participants returning to play should first check in with the official to determine if no further risk to themselves or others is apparent or likely.

- C. **Jewelry:** Jewelry is not permitted. This includes rings, bracelets, earrings (post and hoops), and necklaces. Medical tags and jewelry that cannot be removed must be taped to the body. If play must stop to allow a player to remove jewelry, the team will be charged with a time-out.
- D. **Barrettes:** Hair barrettes are permitted; barrettes do not need to be taped.

- E. **Game Balls:** Game balls are provided. Teams must provide their own practice balls.
- F. Locker rooms and shower facilities are not available.

VII. Starting Times, Forfeits, and Time Limits

- A. Match times are listed on the schedules. A team must have four (4) players present to begin the match. If four (4) players are not present at scheduled match time, the team forfeits the **first** game.
- B. If four (4) players are not present by 20 minutes after scheduled match time, the team forfeits the second and third games.
- C. The official time is the clock in the gym or the official's watch if a clock is not available.
- D. **Playing Time/Score:**
A league match consists of:
First two games to 15 (no rally scoring). Teams must win by two,
AND
Third game (rally scoring) to 25. Teams must win by two.
OR
55 minutes, with one team ahead by two. If 55 minutes elapse during game two, game three will not be played.
- E. **Tied Games:** A game which is tied or a one-point difference at the end of 55 minutes will continue until one team gets a two-point advantage. A game which is at a two (2) point difference at the end of 55 minutes is final.
- F. **Time Outs:** Each team is allowed two (2), 30-second time-outs per game. No time-outs will be allowed in the last five (5) minutes of the 55-minute regulation time.

VIII. Playing Rules

- A. A game must start with at least four (4) players and end with at least four (4) players. If five (5) or six (6) players are present, all players must play. If an injury reduces a team to less than four (4) players, a special three (3) minute injury time-out is granted. If after three (3) minutes the player is unable to continue, the game is forfeited. The team then has two (2) minutes to get ready for the

next game. If four (4) players are not ready in this time, games two and/or three are forfeited.

- B. **Coin Toss:** Prior to the match, the home team captain will call the toss of a coin for the choice of service/receive or side. Before the third game, a new toss of the coin occurs and is called by the visiting team captain who has the same choices.
- C. **Service:** After the whistle, the server has eight (8) seconds to serve the ball. A served ball can be hit directly from the hand. Any serve that contacts the net and lands inbounds is considered good.
- D. **Ground Rules:**
 - 1. A ball, other than the serve, striking an overhead obstruction (including the ceiling) over a playable surface shall be in play by the offending team. No such rebounding may legally strike above the opponent's playing area, nor may it legally fall to the opponent's playing area. A ball striking a side basket is dead and will be ruled either "out" or "replay."
 - 2. **Adjoining Court:** If the adjoining court is in use, a player cannot play a ball or follow through into the adjoining court or the area behind the adjoining court. This rule applies throughout the match regardless if the adjoining court becomes free prior to the conclusion of the match.
- E. **Substitutions:** A team may choose either method of substitution:
 - 1. Rotate extra player(s) into the serving position (or any position) in a regular pattern.
 - 2. Substitute players into positions on the court. Players can only enter three (3) times per game, and **only** into **one** (1) position. Teams are responsible for keeping track of this procedure. Teams must ask the official for a substitution time-out when using this method.
- F. **Red Cards:** If a player receives two (2) red cards in one match, she or he will be disqualified for the remainder of the match plus suspended for a minimum of one match. Any player who is disqualified from two matches during the season will automatically be suspended for a minimum of one calendar year. For players who participate in both women's and coed leagues, this rule applies to one disqualification from each league or two disqualifications from the same league.
- G. **Game Cancellations:**

Any scheduled game cancelled due to weather or other uncontrollable circumstances will be decided by 4:30 p.m. the day of the game. NO NEWS IS GOOD NEWS!!! A recorded message will play at 682-6813 **after 4:30 p.m.**

Monday-Friday - If 4J schools are closed, all City league matches will be

cancelled for that evening.

H. Coed Regulations:

1. Three (3) men and three (3) women comprise a team (minimum of two of each sex; maximum of three of each sex). Court positions must alternate man-woman-man-woman, etc.
2. Teams playing with five (5) players must play with a 3-2 combination. Teams playing with four (4) players must play with a 2-2 combination.
3. If a ball is contacted two (2) or more times on a side, one of those contacts must be made by a woman.
4. When two women are in the front row, a male back-row player can participate in the block.

I. Additional Sand Volleyball Policies and Procedures (Summer Only):

1. Two (2) men and two (2) women comprise a coed "A" league team. Four (4) women comprise a women's "A" league team. Three (3) men and (3) women make up "B", "C", and "D" coed league teams. Six (6) women make up a women's B league team. Coed line-ups must alternate man-woman-man-woman, etc.
2. A team must have four (4) players ("B", "C" and "D" leagues) or three (3) players ("A" league) to begin the game. If this number of players is not present by scheduled match time, the team forfeits the first game.
3. If three (3) or four (4) players are not present by 20 minutes after the scheduled game time, the team forfeits the second game and match.
4. During side-out scoring, after every five points, teams switch sides. (After every ten points in rally scoring.)
5. Centerline violations are called only if the opponent interferes with an opposing player's attempt to play the ball. A player could be entirely on the opponent's side and be legal if s/he does not interfere.
6. A replay will be called when a ball rolls from the adjoining court only if there is interference with play or if it threatens player safety.

7. Shoes do not have to be worn. Hats may be worn.
8. Game balls will NOT be provided. The home team is responsible for providing an adequate game ball.
9. **Rain-Outs:** Any game cancelled due to weather will be decided by 4:30 p.m. the day of the game. It is the team manager's responsibility to phone the rain-out number; 682-6813 AFTER 4:30 p.m. NO NEWS IS GOOD NEWS!!! Make-up matches will be rescheduled by the Athletics staff. If games are announced to be "on" at 4:30 p.m. and the weather conditions change, teams must report to the court. The official will decide whether the match will be played. If one match is cancelled, all subsequent matches on that court are also cancelled.

**ANY RULES NOT STATED WILL BE GOVERNED BY
USA Volleyball RULES**

IX. Forfeits

- A. Matches will not be rescheduled under any circumstance. Team managers knowing in advance they are unable to field a team are responsible for calling the Athletics staff.
- B. Teams forfeiting two (2) matches will lose returning team status and will be required to post a \$50.00 bond in the next season in addition to the normal registration fees.
- C. Upon mutual managers' request, officials will officiate matches which have been forfeited under the following conditions:
 1. Teams involved in the forfeit may borrow players from each other or from previous or subsequent games (as long as the borrowed players are on a rostered team) to meet the minimum player requirement (4 players on each team).
 2. If additional player(s) arrive before 20 minutes past the original starting time, only the first game will be forfeited and the second and third games will be considered "official" games.
 3. The length of the match will not exceed 55 minutes past the original scheduled start time.

4. All league rules/game sanctions and penalties will apply.

X. Protests: Protests may be made in regard to either a rule interpretation or player eligibility.

- A. **Rule Interpretation:** A situation in protest must be declared as such before the next serve. The managers and the official must attempt to solve the protest on the spot. If a correct ruling cannot be made, the manager must note the time, score, players in the game, and the situation on the back of the team roster sheet. The match will then continue.

Protests must be turned into the Athletics staff within 24 hours of the next working day after the incident. A \$25.00 fee must accompany the protest. Only teams that have their protest upheld will be refunded their \$25.00 fee. All protests will be reviewed by the athletics staff.

- B. **Player Eligibility** - See page 4, Section V.

XI. Officials

- A. Officials have the final decision during the match. The official has full authority to take any action or remove any player(s) or spectator(s) from the playing area when, in his or her judgment, such action is necessary to maintain proper playing conditions.
- B. The official score will be kept by the official. The winning team manager must initial the official's score sheet.

XII. Final Standings

- A. League standings will be determined by number of **matches** won.
- B. In the event of a **split match** (i.e. both teams have won one game when the 55 minutes expire), it will be considered a tie.
- C. In calculating final standings, teams will receive 2 points for a win, and 1 point for a tie.
- D. In the event of a tie (two-, three-, or four-way) in the **final** standing, places will be decided by:
1. The number of **games** won in the matches between teams involved in the tie.

2. The point spread difference of games between the teams involved in the tie.
 3. If a tie remains, the point spread difference will be calculated between each team involved in the tie and the next placed team. If necessary, this procedure will continue down through each place until the tie is broken.
- E. Awards will be given to the first place team in each league (fall, winter and summer only).
- F. Any team forfeiting two or more matches is not eligible for an award.
- G. Appreciation certificates are available for sponsors at no charge. Contact the Athletics staff if your team is interested.

RULES OF CONDUCT

1. Team managers are responsible for the conduct of their team's members and spectators.
2. Only team captains shall converse with the official over any rule or interpretation.
3. Any player disqualified from a match will be suspended for a minimum of one additional match.
4. Any player who has been disqualified from the match must not heckle the official. If, after a warning to the team manager or captain, the offender continues to heckle the official, said official shall stop play and award the win to the opposing team.
5. No player shall shove, push, lay a hand upon, or physically attack an official or player before, during, or after the course of the match. The player shall be immediately disqualified from the match and may be suspended for a minimum of one calendar year.
6. No player shall make abusive and vulgar verbal attacks upon any official or player before or during the match. Any player using such language will be immediately disqualified from the match.
7. Players shall not display unsporting behavior toward an official after the match. Such behavior will be reported to the Athletics staff and action equivalent to that resulting from a red card may be taken. After-match abuse toward officials will not be tolerated.
8. Any team or individual whose behavior is unbecoming to the Recreation Division may be expelled from competing for a minimum

of one calendar year.

9. No smoking, drinking, or profanity will be allowed anywhere in the school buildings. Suspensions will be levied on any player or team that behaves in such a manner.

COURT LOCATIONS

1. **Sheldon High School:** 2455 Willakenzie
Court 1,2,3: Main Gym
Court 4: Side Gym
Court 5: Upstairs Gym
2. **South Eugene High School:** 400 E. 19th
Court 1,2,3: Main Gym
Court 4,5: Small Gym
3. **Cal Young Middle School:** 2555 Gilham Road
Court 1,2,3: West Gym
Court 1,2,3: East Gym
4. **Monroe Middle School:** 2800 Bailey Lane
Court 1,2,3: Large Gym
Court 4,5: Small Gym
5. **Amazon Sand Courts:** (East & West Courts)
24th & Amazon Pkwy.